

Support the High Holiday Food Drive!

Although we won't be physically present for services this year, our neighbors need our help now more than ever. To help meet this need, the [#RestonStrong](#) / [UNITS](#) pod is opening again in the NVHC parking lot for our High Holiday food drive. Collected items will go to the Cornerstones Emergency Food Pantry.

Sun, Sept 20	10:00am-3:00pm	Thur, Sept 24	10:00am-5:00pm
Tues, Sept 22	2:00pm-7:00pm	Sun, Sept 27	10:00am-3:00pm
Wed, Sept 23	2:00pm-7:00pm	Mon, Sept 28	10:00am-5:00pm

SHOPPING LIST – Help us fill the pod with items from the list below (most needed in bold)

Low sodium, low fat, sugar free, and organic items are always appreciated.

Non-perishable Food:

- Cereal. Oatmeal, other breakfast items
- Peanut Butter and Jelly
- **Rice (brown, wild etc.)**
- **Quinoa**
- **Kidney and black beans (dry)**
- **Lentils (dry)**
- Canned Fruit & Vegetables
- **Canned Tuna, Salmon, Chicken**
- Tea, Coffee (regular and decaf – instant)
- Snacks (crackers, granola bars, etc.)
- Sugar, honey, sweetener, flour, salt, spices
- Condiments (mayo, ketchup, mustard, etc.)
- **Canola Oil & Olive Oil**
- Soy Milk or Almond Milk
- **Vinegar**

Hygiene Items:

- **Toilet Paper**
- **Soap, Shampoo, Deodorant**
- **Toothpaste, Toothbrushes**
- **Dish soap**
- Laundry Detergent
- Feminine Hygiene

Baby Items:

- Diapers (all sizes)
- Baby Wipes
- Formula (Similac)
- Baby Food (all stages)



We are also accepting [donations](#) for **grocery gift cards**. Your donations will buy gift cards from the Temple Brotherhood to be given to the pantry for purchasing fresh food items. When making your donation on shulcloud, please select “Brotherhood” from the pull-down menu and put “Gift Card for Food Drive” in the Payment Notes section of the giving form.

If you would like someone to pick up your donation and drop it off at NVHC, please contact

NVHCRides@nvhcreston.org

Please observe social distancing guidelines: wear masks and stay at least six feet away from other people.

Thank You! *NVHC Change (the NVHC Social Action Committee)*